SAFQUAL Award in CPR & First Aid

Overview:

The Award in CPR & First Aid provides participants with comprehensive knowledge and practical skills to effectively respond to medical emergencies and perform Cardio Pulmonary Resuscitation (CPR). The course covers essential first aid techniques, including assessing and managing various injuries and medical conditions. Participants will learn how to recognize and respond to cardiac arrest, choking, bleeding, fractures, burns, and other common emergencies. Emphasis is placed on the importance of quick and accurate response to maximize the chances of saving lives.

Who need this Qualification?

Employees & Workplace First Aiders Designated individuals responsible for first aid in the workplace.

- Supervisors & Managers Ensuring emergency preparedness and compliance with health & safety laws.
- Construction & Industrial Workers Handling job site accidents and medical emergencies.
- Security & Public Safety Personnel Responding to injuries in public spaces.
- Retail, Hospitality & Office Workers Dealing with customer or staff emergencies.
- Teachers, Coaches & Caregivers Assisting students and children in emergency situations.
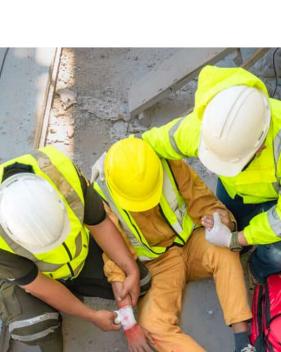- Self-Employed & Small Business Owners Ensuring workplace safety compliance.

Duration:
The Qualification has a recommended course duration of 1 Day

Validity:
The certificate is valid for 3 years. A refresher course is recommended before expiration to maintain certification.

Where can this course taken?
Through any SAFQUAL approved training centre (ATC).

1 DAY

Modules

The course modules for the Award in CPR & First Aid include:

- Introduction to CPR and First Aid
- Legal and Ethical Considerations in First Aid
- Assessing the Scene and Ensuring Safety
- Primary Survey and Basic Life Support (BLS)
- Cardio Pulmonary Resuscitation (CPR) for Adults
- CPR for Children and Infants
- Use of Automated External Defibrillator (AED)
- Choking and Airway Obstruction
- Managing Bleeding and Wound Care
- Fractures, Sprains, and Strains
- Burns, Electrical Shock, and Chemical Exposure
- Medical Emergencies: Stroke, Heart Attack, Allergic Reactions